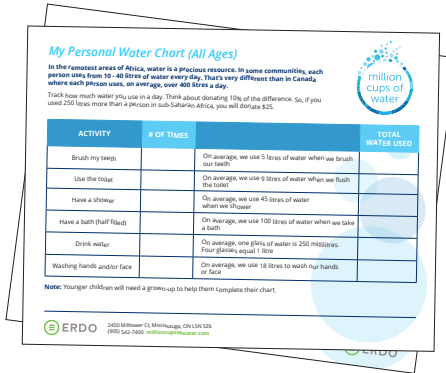


# Ideas for Fundraising



## Million Cups of Water: Make up the Difference

A fun activity for kids is to track your water use in a day!

Studies show that we need 20 litres of water each day to keep our bodies healthy. On average, a person in sub-Saharan Africa uses 50 litres a day while North Americans and Europeans use over 400 litres a day.

Track one day of the water you use and donate 10% of the difference. So, if you used 250 litres more than a person in sub-Saharan Africa, you will donate \$25.

## Million Cups of Water Walk

Girls and women walk from ½ a kilometre to 6 kilometres a day to get water for their family. It may take 2-6 hours out of their day. Some girls have to quit school so they can help their mothers do the daily chores.

Using a desert patrol water container (you can buy 23 litre containers at your local hardware store, Walmart or Canadian Tire) set up an obstacle course or path for the children to navigate. Remember to keep safety first.

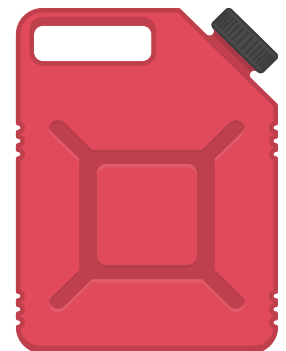
### It should include:

- A water tap to fill the container
- Some twists and turns
- Small inclines and declines
- A "home" at the end

Children can work on relay teams, so they can help one another. Or they can complete the obstacle course on their own.

Distribute sponsor sheets to the children to raise money for Million Cups of Water.

Post images to social media, making sure to tag @erdocanada on Facebook or @erdo\_canada on Instagram. This way, we can see and share your fun event!



# Ideas for Fundraising



## *Million Cups of Water Birthday Celebration*

Ask friends and family to donate to Million Cups of Water in lieu of a birthday gift.

## *Millions Cups of Water Stand*

Set up a stand to distribute bottles of water for a donation.

Explain that the money you raise will be used for Million Cups of Water – bringing safe, clean water to developing communities.

